

HARRY McDONALD BV RELAYS

@ Blue Valley High 159th & Lamar

BV High, BV North, BV Northwest, BV Southwest, BV West, Lawrence Free State, Lincoln Prep, SM East,
SM North, SM Northwest, SM South, Saint James Academy, Saint Thomas Aquinas.

Thursday April 5, 2018

3:00 PM Head Coaches' Scratch Meeting in the Press Box

(Scratch and Sub Field Events at the site, 3 throws or jumps and 9 to the finals)

Field Events

Start	<u>Boys'</u>	<u>Girls'</u>
3:15pm	Javelin Triple Jump High Jump Shot	Discus Long Jump Pole Vault
4:30pm Approx.	Discus Long Jump Pole Vault	High Jump Shot Triple Jump Javelin

Track Events

3:45 Girls' 400 M Shuttle Hurdle Relay (33")
4:00 Boys' 440 M Shuttle Hurdle Relay (39")
4:15 Girls' 4 x 800 M Relay
4:30 Boys' 4 x 800 M Relay
4:45 Girls' 100 M Dash Finals
4:55 Boys' 100 M Dash Finals
5:10 Girl's 1600 M Run
5:20 Boy's 1600 M Run
5:30 Girl's 1600 M Sprint Medley Relay (200-200-400-800)
5:40 Boy's 1600 M Sprint Medley Relay (200-200-400-800)
5:50 Girls' 300 M Hurdles (30")
6:00 Boys' 300 M Hurdles (36")

6:15 *Senior & Parent Introductions – Event Announcement*

6:25 *Harry McDonald Masters' Mile (1600m Open Public Event)*

Eric Driskell Open 400m Run (First Lap of 1600m)

6:45 Girls' 4 x 100 M Relay
6:55 Boys' 4 x 100 M Relay
7:05 Girls' Distance Medley Relay (1200-400-800-1600)
7:20 Boys' Distance Medley Relay (1200-400-800-1600)
7:35 Girls' 4 x 200 M Relay
7:40 Boys' 4 x 200 M Relay
7:50 Girls' 3200 M Run
8:05 Boys' 3200 M Run
8:20 Girls' 4 x 400 M Relay
8:30 Boys' 4 x 400 M Relay

This schedule is only a guide. If we get behind we will attempt to catch up. If we get ahead we will continue to run ahead.



Blue Valley High School Sport Fields